

Packing Medications

Be sure to double check that all of the required pills are included!

Medications will be administered only at the following times: before breakfast, at mealtimes, 10 am, 2 pm, 3 pm, 4 pm, and bedtime. Unless instructed otherwise, we will give "Once a Day" medication at breakfast.

To allow for an emergency or a trip delay, include at least one extra day's med for bus trips, two extra day's meds for flight or cruise trips.

Please include a Medication Administration Record (MAR) so we have a record of the pills that the traveler is taking.

Special Journeys is not responsible for errors in labeling on pre-packaged medicine. We are only responsible for dispensing medication provided and identified when the traveler is picked up.

Preferred Systems

Daily Pill Card /
Blister Card
(one pill
per bubble)



Daily Medication
Blister Pack
(multiple pills
each bubble)



Unit Dose Box



If you send more meds than are needed for the trip, we will return the remainder when we drop off the traveler after the trip.

If there are separate pill sets for both Home and another location, be sure to include both sets, mark them clearly as "Home" and "Other", and rubber band them together so we can keep things straight.

If the trip falls over two months, separate the cards by month so we can manage them properly.

If there are multiple cards or packs of the same set of pills (especially over different weeks), identify each one with the starting date for the pills.

If multiple sets are required to contain all the traveler's pills for a specific time, mark with, for example "1 of 2", "2 of 2".

Accepted Systems

Pill Minder



Pill Envelope

Wednesday
June 1, 2PM
John Smith
4 pills

If not all pills for a specific time fit in one envelope or pill minder, mark each one, for example "1 of 2", "2 of 2".

Pill Minders: Tape pill minders shut so pills don't fall out.

For pill minders with 7 compartments, label the pill minder with the delivery time.

For pill minders with compartments for multiple times, if medications are taken at times other than those marked on the container, CLEARLY identify the correct times.

Pill Envelopes: Place all pills for a single medication time in one envelope.

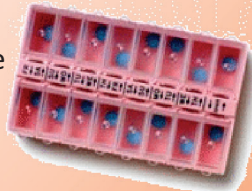
Label each envelope with the travelers's name, date and time for each dosage, and the number of pills inside. No need to write the medications names on the envelope.

Systems that Require Prior Approval

Traditional
Prescription
Bottle



Pill Cassette



Call for prior permission before sending either of these systems. Please consider using pill envelopes instead.

Cassette systems open too easily when transported; and they are bulky, requiring a lot of space.

Prescription bottles are time-consuming and difficult to use; the writing is small and hard to read; they are very error prone, especially if a single medication has multiple dose sizes and/or delivery times.